

ADVANCED ENDODONTICS

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What to expect after your endodontic treatment

Will I have pain after treatment?

Most people do experience some mild discomfort after endodontic treatment. Sensitivity to biting/chewing is a common side effect and usually lasts three to four days, but may last up to two weeks. Over the counter analgesics usually control this discomfort. We prefer Aleve (Naproxen Sodium) or Advil (ibuprofen) , but Tylenol will help if you are unable to take the previous two. If you experience pain or swelling it is important that you call our office immediately.

How should I care for the tooth after treatment?

Since sensitivity to biting/chewing is common, you should avoid using this tooth for at least the next 2-5 days. This will promote healing and reduce the discomfort more quickly. If we prescribed medications, be sure to use them as directed. Also, pain medications work best when taken on the clock, every 4-6 hours. If you have any questions on how to use the suggested over the counter medications, please call our office.

Is infection a possibility?

Rarely is post treatment infection a problem unless there was a previous abscess or swelling(an infection that has spread to the bone). More common is an inflammatory response, which can cause increased pain and slight swelling 48-72 hours after the procedure, but no fever. If swelling and fever are noted after treatment, it is important that you contact our office immediately.

Why do I need to go back to my family dentist?

When endodontic therapy is completed, we commonly place a temporary filling in the tooth opening. It is important that you see your family dentist within 3-4 weeks to place a permanent filling and begin creating a crown for your tooth. Without a crown, your tooth cannot withstand normal biting forces and will eventually crack, often leading to extraction. On occasion the endodontist will place your final restoration (build-up) if one was placed, Dr. Wu or his assistant will let you know. If you have any questions as to what treatment was performed on your tooth, do not hesitate to ask.

How long will my tooth last?

With proper care your restored tooth can last a lifetime. Proper dental care consists of regular brushing and flossing, a nutritious diet and regular visits to your family dentist.

Over the counter medications

IBUPROFEN/Advil total of 600MG equals 3 pills

EVERY 4-6 HOURS

FOR 3 DAYS

IF YOU CAN'T TAKE IBUPROFEN YOU CAN TAKE

TYLENOL, 1000 MG Equals 2 pills

EVERY 4-6 HOURS

FOR 3 DAYS